



message notes

date January 25 & 26
speaker Mike Bellanti



From the High Chair to the Table: Growing in Relationship with Jesus

2 Peter 3:18; Hebrews 5:11-14

1. Grow in knowledge and understanding - 2 Peter 3:18

Mark 12:30 - Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

How can I weave the love of God into the fabric of my thoughts?

- A. Learning and understanding the scriptures (Hebrews 5:11-14)
- B. Formational relationships - learning from others

Formational relationships vs. other relationships

- Mentors
- Spiritual directors
- Christian therapists
- Small group leaders
- Spiritual friendships

2. Grow in Grace - 2 Peter 3:18

How do I grow in grace?

- Acknowledge grace is a gift
- We can create the environment for grace to work its transformation in us
 - Spiritual practices (disciplines)
 - Silence and solitude
 - Praying
 - Meditating on scripture
 - Fasting
 - Practicing confession
 - Honoring my body
 - Meeting God in suffering
 - Generosity
 - Serving the poor

Proverbs 4:23 - "Put everything you have into the care of your heart, for it determines what your life amounts to."

"Grow" - Learning, practices, and community.